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[judicial restraint](#) - The moral of this story is that if the judiciary does not exercise restraint and over-stretches its limits there is bound to be a reaction from politicians and others - The politicians **will** then step in and curtail the powers, or even the independence, of the judiciary (in fact the mere threat may do, as the above example demonstrates). The judiciary should, therefore, confine itself to its proper sphere, realizing that in a democracy many matters and controversies are best resolved in non-judicial setting. We hasten to add that it is not our opinion that **judges** should never be 'activist'. Sometimes judicial activism is a useful adjunct to democracy, this, however, should be resorted to only in exceptional circumstances when the situation forcefully demands it in the **interest** of the nation or the poorer and weaker sections of society but always keeping in mind that ordinarily the task of legislation or administrative decisions is for the legislature and the executive and not the judiciary

[.ARAVALI GOLF CLUB v. CHANDER HASS - 2007 SCeJ 004](#)

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